

Is your child not feeling well?

Use this guide to help determine what steps to take.

****Remember to use your child's baseline, we are looking for NEW or worsening symptoms not explained by a known medical condition.**

Section 1

Are they experiencing any **ONE** of the following?

- Fever (100.4 or higher)
- Uncontrolled Cough
- Shortness of Breath
- New loss of taste or smell

If **YES**- keep them home and contact their doctor!

If **NO**- continue to section 2



Section 2

Are they experiencing **TWO** or more of the following?

- Chills/Sweating
- Sore throat
- Muscle Aches
- New onset of *severe* headache
- Diarrhea, vomiting, or abdominal pain (considered one symptom)
- Congestion/Runny Nose

If **YES**- keep them home and contact their doctor!

*If you answered **YES** to either section, please keep your child home and contact their doctor. Notify the school with an update from the doctor.

If you answered **NO** to both sections, use your discretion and keep your child home if they are not feeling well.

If you answered **YES** to section 1 and/or section 2, keep child home until you speak with a doctor.

If the doctor provides your child with an alternate diagnosis and does NOT test for COVID, they can return to school following our regular sick guidelines (i.e. 24 hours fever free without the use of medication).

If the doctor tests for COVID, your child must stay home while awaiting results. *Please notify the school immediately.*

***Siblings must stay home while awaiting test results of anyone in the household. ***

NEGATIVE: Ok to return to school when feeling better and 24 hours fever free without medication.

POSITIVE: Your child, family and close contacts must isolate/quarantine per CDC guidelines. *Please notify the school immediately.*

Following a positive test result, your child can return to school: 10 days after symptoms first appeared **AND** symptoms are improving **AND** 24 hours fever free (without the use of medication).

**Close contacts will continue to quarantine for 14 days from last date of exposure with positive person and monitor for symptoms.*