

**POWERS CATHOLIC HIGH SCHOOL
1505 W. Court St.
Flint, Michigan 48503**

Junior Service Hour Form

Name: _____

Area of Service: **Church** **PCHS** **Catholic Charities/NESK**
(Circle One) **St. Luke's New Life Center** **Non-Profit** **Service Based Organization**

Service Provided: _____

Date of Event: _____

To be filled out by a volunteer coordinator:

This document confirms that _____ has completed a
total of _____ hours of Christian service

Authorized Signature

Date

Contact Name: _____

Contact phone #: _____

Comments: _____

This form should be signed by the authorized adult at the time the service is performed. Forms will not be accepted without a signature. Please submit form to the Service Hour Station in the library when completed.

Service Hour Requirements:

☐ **Freshmen** - 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, or St. Luke's NEW Life Center

☐ **Sophomores**- 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, St. Luke's NEW Life Center, any Non-Profit Organization, or Any Service Organization (i.e. nursing homes, schools, etc.)

☐ **Juniors** - 10 hours per year to be done at Church, Powers Catholic, Catholic Charities/NESK, St. Luke's NEW Life Center, any Non-Profit Organization, or Any Service Organization (i.e. nursing homes, schools, etc.)(effective until 2022 then Capstone Service Day will be added)

☐ **Seniors** will complete their Capstone service project.

Now that you have completed your service hours, you are ready to reflect on your experience. This must be a well thought out paragraph (6-8 sentences minimum). Include specific examples from your service experience.

- ❖ Explain why you chose to do the project(s) that you did and include what individual or community need were you attempting to meet?
- ❖ What thoughts or feelings did you have BEFORE doing your service? Why?
- ❖ What did you actually do? What were your responsibilities? How did this help the organization?
- ❖ What parts were difficult, challenging or uncomfortable? Why?
- ❖ How did you encounter the presence of Christ in this service opportunity?