

## Powers Catholic High School Isolation and Quarantine Requirements

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**COVID Positive Student:** If the student is COVID positive, they must isolate for 10 days from when the symptoms started. They may return on Day 11 if 1) their symptoms have improved AND 2) they are fever free without the use of medication for 24 hours. A negative test is **not** needed to return to school. *There are no options to shorten the isolation period for a positive student.*

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**Student is exposed at school where BOTH the COVID positive student AND the student exposed were masked AND there is minimal movement in the classroom.** In this case, there are 3 quarantine options:

1. Quarantine for 10 days from the last day of exposure and monitor for symptoms. The last day of exposure is considered “Day 0”. Student may return to school on or after Day 11 as long as they are symptom free. No testing required.
  2. Get a PCR test on or after day 7 from exposure. If the PCR test is negative, they may return to school. The earliest return date would be Day 8 from exposure. You must submit a copy of the negative PCR test results to the school.
  3. Daily rapid antigen testing before school through Day 7 of exposure. If the test is negative and the student is symptom free, they can continue to attend school each day.
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**Student is exposed at school and masks were NOT used OR exposure occurred outside of school (in the car, at home, sports practice/game, etc.)** In this case, there are 2 quarantine options:

1. Quarantine for 10 days from the last day of exposure and monitor for symptoms. The last day of exposure is considered “Day 0”. The student may return to school on or after Day 11 as long as they are symptom free. No testing required.
2. Get a PCR test on or after day 7 from exposure. If the PCR test is negative, they may return to school. The earliest return date would be Day 8 from exposure. You must submit a copy of the negative PCR test results to the school prior to your student returning.

\*\*If the exposure is to a household member who is unable to isolate separately in the house, the quarantine period may be up to 20 days.